Our Future begins with today’s youth.

Every year, hundreds of West Virginia children leave foster care as adults without family support to help make critical decisions that all young people face.

- Where will I live?
- What career do I want in life?
- Where will I get training or go to school?

It’s My Move helps young adults learn to live independent and productive lives. The program gives these young adults the guidance and opportunities to make careful and informed decisions about their future and success.

It’s My Move is a program of Stepping Stones, Inc.

Stepping Stones, Inc. provides youth with an opportunity to enhance competencies, internalize coping skills and develop an “I Can” attitude. Our Mission is to help kids realize their potential one step at a time.

Stepping Stones, Inc.
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This program is being presented with financial assistance as a grant from the West Virginia Department of Health and Human Resources.
It’s about responsibility and setting goals for success.

We all have a stake in the success of young adults. Business, community organization, and educational institution support of efforts are critical at this important time. Acceptance and understanding of this learning period helps young adults build self-confidence, independence and a sense of personal responsibility.

It’s My Move was established as an innovative approach to enhance the supports available to foster youth as they transition to adulthood. Youth ages 17-21 receive an opportunity to gain social and adaptive living skills in a supportive atmosphere. It is a program based on positive youth development that identifies community resources and linkages to employment and educational opportunities.

Youth participating in It’s My Move are given the skills they need to be effective employees, citizens, and parents who realize their dreams of success and give back to our community.

“What a wonderful group of young adults. During our cooking class they were very perceptive to learning new things. They are on the way to being future leaders in our community!”
– Sean Bresnehan, La Cook

“Cooking is something I like to do. It helps to relax me!”
– Sarah

Your Business Can Help!

- Provide an internship for an It’s My Move participant.
- Sponsor a welcome basket.
- Offer discounts on your products and services for It’s My Move participants.
- Donate funds or items young adults need for school or their first apartment.
- Help young adults by offering free checking accounts and safety deposit boxes.
- Give It’s My Move participants a tour of your business and explain your work.
- Take an It’s My Move participant to work on “Take a Child to Work Day.”